The Power of Resources

The University of Nebraska-Lincoln offers a wide range of resources for your son or daughter to help them be successful in every aspect of their academic, physical, emotional and spiritual life. Encourage your student to use the resources listed below whenever they need them.

UNL has resources for parents as well. Our parental notification policy is designed to let you know when your son or daughter exhibits a pattern of dangerous behavior that has resulted in campus sanctions or certain criminal citations from the Lincoln Police Department. Some UNL Colleges also have referral programs to intervene when academic performance shows a sudden change. Together, we can make a great team that will keep your son or daughter on the road to academic success while at college.

People

At the University Health Center:
* Drug and Alcohol Programs
* Project CARE -- Peer Alcohol Education
* PERSUNL -- Peer Education on Sexuality
* University Health Aides
* SHINE -- Peer Help with Eating Disorders
* CAPS -- University Counseling Services

At the Student Affairs Office:
* The UNL Parents Association
* Student Judicial Affairs

At the Nebraska Unions:
* Student Involvement
* The Women’s Center
* GLBT and Ally Programs
* NU Directions

At the Office Of Undergraduate Studies:
* NU Start
* Learning Communities
* UCARE
* Office of Academic Support and Intercultural Services

On Line

University Health Center:
www.unl.edu/health

Student Affairs:
http://busfin.unl.edu/stuafs/

Student Involvement:
www.unl.edu/involved

Office of Undergraduate Studies:
www.unl.edu/ous